

Course syllabus

CATEGORY

Management courses

TRAINING FORMAT

In Bratislava or online
with a lecturer

PRICE EXCL. VAT

637,40 €

PRICE INCL. VAT

784,00 €

including 23 % VAT

Leadership Training

Clear overview of course topics, training scope and key information.

The Leadership Training package consists of the courses: Leadership I. - Development of Leader Skills and Leadership II. - Emotional Intelligence of a Leader. It is intended for leaders at all levels of management. Its goal is to acquire techniques and tools that a leader applies in practice. It will teach you to positively influence not only work results but also employees, maintain a motivational way of leading people, an objective neutral attitude and emotional balance when solving work problems, set achievable goals, motivate, support and delegate. The training program offers recommendations to those who want to achieve their goals by improving their professional and human competencies and maintain a stable position at the top of their possibilities. Note: The modular training program contains several training days with a time interval between them. The listed dates are the start dates of the program. For information about the dates of individual program modules, please contact us.

COURSE CONTENT

01 Leadership I. - Development of Leader Skills

02 Definition and Characteristics of Leading People

leading people, role of the manager as leader

03 Leadership Styles

situational leadership of people, mapping strengths and weaknesses, personality traits of managers

04 Modern Leadership Theories

05

Leader Communication

forms of active listening, attitudes in communication

06

Relationship Dynamics

directive and non-directive attitudes

07

Motivation and Values

internal and external motivation

08

Self-Management

set of attitudes, approaches, knowledge, skills and abilities for achieving goals

09

GROW Model

coaching techniques for achieving goals

10

Leading People and Supporting the Team

leader decision-making and leadership measures leading to effective results in the team

11

Leadership II. - Emotional Intelligence of a Leader

Training program:

12

Needs vs Values

Spiral dynamics model

13

Critical Thinking and Objectivity

Cognitive distortions in our everyday life

14

Positive Experience of the Present

Freedom Perspective

15

Effective Communication of a Leader

Transactional analysis

16

Managing Emotions

one's own and others'

17

Sources of Satisfaction, Dissatisfaction, Misunderstanding

18

Defense Strategies

19

Leading People

Motivation - potential - performance from the EQ point of view

20

Potential - Talent - Perspective

Releasing one's own potential, releasing team potential

21

Leader Competencies and EQ

Self-awareness - Correct feedback: - I give, receive, require - Jo-Hari window, diversified team, delegation, leader as role model

22

Human as a Bio-Psycho-Social-Spiritual Being (WHO)

Physical health, emotional health, spiritual health, mental health

23

Renewal of Life Energy - How to Get into Wellbeing

This document serves as an informational overview of the course syllabus. Current dates, venue and availability are listed at Macrosoft.sk.

<https://www.macrosoft.sk/en/courses/leadership-training>